



JEUNE AFRIQUE

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PARC FERMÉ

RESTAURANT



BREAKFAST



Available daily from 06h00 to 11h00

Continental Breakfast

R120.00

A selection of fruit juices: orange, apple, strawberry, mango, fruit cocktail, pastries and Danishes [croissant, twist roll with poppy seeds, apple turnover, pain au chocolate and muffin]

A variety of cereals: All Bran, Corn Flakes, Rice Crispi's, Muesli

A selection of local and French cheeses, fresh fruit, charcuterie and yoghurt

Full Breakfast

R180.00

A selection from the continental breakfast table as well as a choice of one of our hot menu dishes

Parc Fermé Breakfast

R75.00

Two eggs: fried, poached or scrambled, crispy streaky bacon, grilled tomato gratinated with parmesan cheese, sautéed mushrooms, hash brown, beef or pork sausage and toast

Pit Stop Breakfast

R55.00

One Egg: fried, poached or scrambled, grilled tomato, beef or pork sausage, streaky bacon and toast

Eggs Benedict

R72.00

Two poached eggs served with Cypsy ham or smoked salmon on an English muffin topped with Hollandaise sauce

Omelettes

R69.00

Create your own omelette with three of the following items:

Ham, tomato, bacon, mushroom, onion, spinach, feta cheese, cheddar cheese, chicken strips and peppers

Parc Fermé Wrap

R55.00

Rolled with crispy bacon, scrambled egg and cheddar cheese, served with French fries and accompanied with a tomato relish

Pan Fried Haddock Fillet

R79.00

Accompanied by grilled tomato, sautéed mushroom and with your choice of eggs

Chef Sandwich

R55.00

Toasted with minced beef, bacon, cheddar cheese and served with French fries

Traditional French Toast

R49.00

With cinnamon sugar, streaky bacon and maple syrup

Pancakes

R59.00

Served with a choice of Nutella, cinnamon sugar, maple syrup, Chantilly cream or vanilla ice cream

Health Breakfast

R59.00

Plain Bulgarian yoghurt or fruit yoghurt layered with muesli, fruit salad and drizzled with honey

Oats

R49.00

Served with caramelized banana and honey

PARC FERMÉ RESTAURANT



LIGHT LUNCH MEALS



Available daily from 11h00 to 18h00

Parc Fermé Beef or Chicken Burger

R82.00

Served with crispy bacon, topped with a soft fried egg, melted cheddar cheese, mushroom sauce and french fries

Beef Prego and Portuguese Fries

R82.00

Grilled beef fillet marinated in white wine, garlic and bay leaves served with Portuguese roll

Chicken Panini

R82.00

Toasted with chicken, mozzarella cheese, rocket leaves and curried mayonnaise

It is a Wrap

R65.00

Crumbed chicken strips, grated cheddar cheese, sweetchilli mayonnaise and fresh coriander leaves - Filled with lettuce, tomato and onion, served with French fries

Wok Fried Noodles

R90.00

With chicken and prawn, julienne vegetables, bok choy and soy oyster sauce

Penne Carbonara

R90.00

Crispy bacon and mushroom in a creamy herb sauce, topped with parmesan cheese

Chef's Salad

R85.00

A combination of mixed leaves, avocado, crispy bacon, hard boiled eggs, Kalamata olives, feta cheese, whole kernel corn and cherry tomatoes with a cilantro lime dressing

Salmon Tartare with Smoked Salmon and Quail egg

R75.00

with mixed green leaves and buttermilk dressing

Grilled Halloumi, Avocado & Lime Salad

Mixed green leaves, bean sprouts, cherry tomato and mixed seeds & lime dressing

Soup of The Day

R65.00

[Ask your waiter]

Gourmet sandwiches

available on white bread, brown, rye, French baguette. Low GI/ & tramezzini- plain or toasted

With a choice of the following

Chicken mayonnaise	R65
Chicken fikka	R65
Tuna mayonnaise	R65
Crispy bacon and avocado	R65
Pastrami, cheese, gherkins avocado and mustard	R65
Ham, cheese and tomato	R65
Smoked salmon, cream cheese, tomato and avocado	R75
Steak, fried onions and cheddar cheese	R75
Lettuce, tomato, onion, cheese, cucumber and mayonnaise	R55
Mozzarella, pesto, tomato and rockets leaves	R65

Served with French fries or side salad

